

M.S. GIRLS HEALTH



HOLDEN R-III SCHOOL DISTRICT STANDARDS AND ESSENTIAL LEARNING OUTCOMES

GIRLS HEALTH

- ▶ Students will identify the three types of muscle tissue, types of joints, and distinguish between voluntary and involuntary muscle movements.
- ▶ Students will identify functions of the body systems. (Respiratory, Digestive, Cardiovascular)
- ▶ Students will understand life management skills.
- ▶ Students will define and distinguish between types of diseases.
- ▶ Students will recognize nutrition facts.